

Instructions for the Infrared Therapy Boot Application



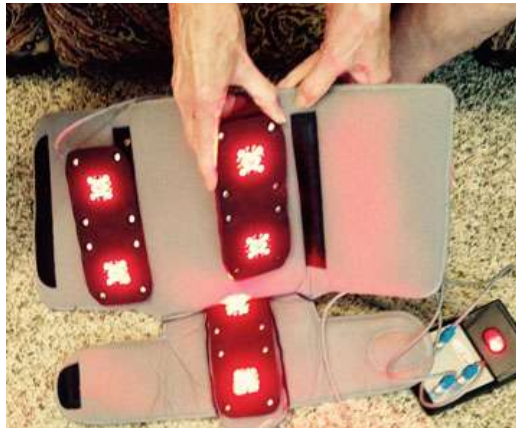
The boot folds into this shape before the LED pads are inserted.



Unfolded, the velcro strips can be seen. Notice the thick, soft lining. The rounded end is where the heel of the foot will rest.



These are the 3 LED pads connected to the control unit and turned on.



Attach the LED pads to the velcro.
Note: the photo shows the LEDs turned on. You can attach the pads to the unit not turned on, and then after the boot is wrapped, you can turn the control unit on.



Place foot in to back of boot pocket, fold foot sides over the foot, then fold the sides over the leg.



The boot is One Size Fits All, and very comfortable.